



Their stories saved lives. So can yours.

CDC is recruiting participants to be featured in future *Tips From Former Smokers*® (*Tips*®) campaigns. For ten years, the *Tips*® campaign has featured real stories of people negatively impacted by smoking or secondhand smoke exposure. Their stories have inspired more than 1 million people to successfully quit smoking.

If you used to smoke cigarettes and are living with a disease, such as cancer, COPD or another lung disease, heart disease,

and/or stroke, we want to hear your story. We're also seeking people who used to smoke who have a mental health condition such as depression or anxiety that might have improved due, in part, to quitting smoking. All applicants must have been tobacco-free for at least 6 months.

If you'd like to share the story of how your life has changed because of a smoking-related disease, please respond by May 28th, 2021.

joinCDCtips.org | contactus@joinCDCtips.org | 1 (844) 4-TIPS-NOW
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